



FULLERTON SENIOR NEWS



FULLERTON COMMUNITY CENTER

340 W. COMMONWEALTH AVE. FULLERTON, CA. 92832

(714) 738-6575



MEET YOUR 2024 SENIOR CITIZEN CLUB OF FULLERTON ELECTIVE OFFICERS:

Above were the winning candidates and existing elected officers from our December 1st Annual Members Meeting.

[*- signifies election winner]

From left to right

Box inset: **Roberta Fullmer***, Director

Pauline Aguero, Past President

Doris Tremain, Secretary

Danny Torres*, Director

Marie McCombie*, Director

Wanda Williams*, Treasure

Katie Gobar*, Vice President

Doug Gilmour, Director

Wendy Ocepek*, President

Dianne Rodriguez, Asst. Treasurer

Box inset: **Phyllis Levin**, Director

A MESSAGE FROM YOUR SENIOR CLUB PRESIDENT

"Happy New Year!"
I want to thank our outgoing Senior Club President, Pauline Aguero, for her dedication. Thanks to all our volunteers for the successful December 1st annual meeting.



Special thanks to Optum for their generous donation, DJ Professor Tom for music, Touch Of Paradise catering, May Chang Korean dancers, Patty's Cakes and Desserts, Santa and Mrs. Claus (Scott and Shannon White), Jere Green for photos, and door prize donors. We'll work on club improvements in 2024 and invite all members to our monthly board meetings on the third Thursday at 1 PM. Please renew your membership for 2024. Thank you for your support, and let's make 2024 great!"

Wendy Ocepek

Monday	Tuesday	Wednesday	Thursday	Friday
<p>HAPPY New Year</p> <p>Center Closed</p> <p>8:00 Walking Group ■</p> <p>9:00 Longevity Stick Balance ■</p> <p>9:00 Needlecraft Service Group ■</p> <p>10:30 Chair Yoga ▲</p> <p>11:00 Sr. Lunch with Reservation</p> <p>11:00 Table Tennis ▲</p> <p>12:30 Bingo ■</p> <p>1:00 Caring Companions ■</p> <p>No NOCE - Fun and Fitness with Janine</p>	<p>7:30 Pickleball ▲</p> <p>10:30 Belly Dance Lesson ▲</p> <p>11:00 Sr. Lunch with Reservation</p> <p>Reservations 11:30 Korean Drumming</p> <p>12:45 Loteria</p> <p>No Tai Chi Chuan</p> <p>No Hawaiian Dance</p> <p>No NOCE - Staying Mentally Sharp</p> <p>No NOCE - Robin's Health & Exercise</p> <p>No Tuesday Evening Dance</p> <p>7:30 Pickleball ■</p> <p>9:00 Tai Chi Chuan ■</p> <p>9:15 Beginning Tai Chi Chuan ■</p> <p>9:00 Hawaiian Dance Lessons ■</p> <p>10:30 Belly Dance Lesson ■</p> <p>11:00 Sr. Lunch with Reservation</p> <p>Reservations 11:30 Korean Drumming ▲</p> <p>6:00 Tuesday Evening Dance</p> <p>No NOCE - Staying Mentally Sharp</p> <p>No NOCE - Robin's Health & Exercise</p>	<p>8:00 Walking Group ■</p> <p>8:30 Farmer's Market</p> <p>11:00 Sr. Lunch with Reservation</p> <p>4:00 Karaoke! ■</p> <p>No Tai Chi Chuan</p> <p>No NOCE - Fit & Healthy with Kenny</p> <p>No Sr. Line Dance Lessons</p> <p>No Chair Yoga</p> <p>8:00 Walking Group ■</p> <p>8:30 Farmer's Market</p> <p>8:30 Tai Chi Chuan ■</p> <p>8:45 Beginning Tai Chi Chuan ■</p> <p>10:30 Chair Yoga</p> <p>11:00 Sr. Lunch with Reservation</p> <p>1:00 Museum and More ■</p> <p>4:00 Birthday Karaoke! ■</p> <p>No NOCE - Fit & Healthy with Kenny</p> <p>No Sr. Line Dance Lessons</p>	<p>10:30 Korean Folk Singing</p> <p>10:30 Grocery Distribution</p> <p>11:00 Table Tennis ▲</p> <p>11:00 Sr. Lunch with Reservations</p> <p>12:30 Creative Coloring ■</p> <p>1:30 Korean Dance</p> <p>4:00 Senior Ukulele Jam</p> <p>No NOCE - Staying Mentally Sharp</p> <p>No NOCE - Robin's Health & Exercise</p> <p>9:00 Community Legal Aid</p> <p>Appointments 10:30 Kye Folk Singing ▲</p> <p>11:00 Table Tennis</p> <p>11:00 Sr. Lunch with Reservations</p> <p>12:30 Creative Coloring ■</p> <p>1:30 Korean Dance</p> <p>2:00 Thursday Trivia</p> <p>4:00 Senior Drum Circle</p> <p>No NOCE - Staying Mentally Sharp</p> <p>No NOCE - Robin's Health & Exercise</p>	<p>7:30 Pickleball ▲</p> <p>8:00 Walking Group ■</p> <p>11:00 Sr. Lunch with Reservation</p> <p>Reservations 11:30 Health Enhancing Lecture</p> <p>No NOCE Health & Wellness with Eunice</p> <p>No Movie Today</p>
<p>8:00 Walking Group ■</p> <p>9:00 Longevity Stick Balance ■</p> <p>9:00 Needlecraft Service Group ■</p> <p>10:30 Chair Yoga ▲</p> <p>11:00 Sr. Lunch with Reservation</p> <p>11:00 Table Tennis ▲</p> <p>12:30 Bingo ■</p> <p>1:00 Caring Companions ■</p> <p>No NOCE - Fun and Fitness with Janine</p>	<p>7:30 Pickleball ■</p> <p>9:00 Tai Chi Chuan ■</p> <p>9:15 Beginning Tai Chi Chuan ■</p> <p>9:00 Hawaiian Dance Lessons ■</p> <p>10:30 Belly Dance Lesson ■</p> <p>11:00 Sr. Lunch with Reservation</p> <p>Reservations 11:30 Korean Drumming ▲</p> <p>6:00 Tuesday Evening Dance</p> <p>No NOCE - Staying Mentally Sharp</p> <p>No NOCE - Robin's Health & Exercise</p>	<p>8:00 Walking Group ■</p> <p>8:30 Farmer's Market</p> <p>8:30 Tai Chi Chuan ■</p> <p>8:45 Beginning Tai Chi Chuan ■</p> <p>10:30 Chair Yoga</p> <p>11:00 Sr. Lunch with Reservation</p> <p>1:00 Museum and More ■</p> <p>4:00 Birthday Karaoke! ■</p> <p>No NOCE - Fit & Healthy with Kenny</p> <p>No Sr. Line Dance Lessons</p>	<p>9:00 NOCE - Crocheting & Knitting</p> <p>9:00 NOCE - Staying Mentally Sharp</p> <p>10:30 Grocery Distribution</p> <p>10:30 Korean Folk Singing ▲</p> <p>11:00 Sr. Lunch with Reservation</p> <p>11:00 Table Tennis ■</p> <p>12:30 Creative Coloring ■</p> <p>1:00 Senior Club Board Meeting</p> <p>1:30 Korean Dance ▲</p> <p>4:00 Senior Sing-a-Long</p> <p>No Festive Fitness With Deena</p>	<p>7:30 Pickleball ▲</p> <p>8:00 Walking Group ■</p> <p>9:00 NOCE - Health & Wellness with Eunice 11:00 Sr. Lunch with Reservation</p> <p>12:30 NOCE - Fit & Healthy with Kenny</p> <p>2:30 Afternoon - Pet Portraits</p> <p>No Movie Today.</p>
<p>8:00 Walking Group ■</p> <p>9:00 NOCE - Fun and Fitness with Janine</p> <p>9:00 Longevity Stick Balance ■</p> <p>9:00 Needlecraft Service Group ■</p> <p>10:30 Chair Yoga ▲</p> <p>11:00 Sr. Lunch with Reservation</p> <p>11:00 Table Tennis ▲</p> <p>12:30 Bingo ■</p> <p>No NOCE - Fun and Fitness with Janine</p>	<p>7:30 Pickleball ▲</p> <p>9:00 Tai Chi Chuan ■</p> <p>9:15 Beginning Tai Chi Chuan ■</p> <p>9:00 Hawaiian Dance Lessons ▲</p> <p>9:00 NOCE - Staying Mentally Sharp</p> <p>10:00 NOCE - Robin's Health & Wellness</p> <p>10:30 Belly Dance Lesson ▲</p> <p>11:00 Sr. Lunch with Reservation</p> <p>11:30 Chair Volleyball ■</p> <p>11:30 Korean Drumming ▲</p> <p>12:45 Loteria</p> <p>1:00 Alzheimer's Caregiver Support Group 6:00 Tuesday Evening Dance</p>	<p>8:00 Walking Group ■</p> <p>8:30 Farmer's Market</p> <p>8:30 Tai Chi Chuan ■</p> <p>8:45 Beginning Tai Chi Chuan ■</p> <p>9:00 Sr. Line Dance Lessons</p> <p>10:00 Sharpen Your Mind Workshop + 10:30 Chair Yoga</p> <p>11:00 Sr. Lunch with Reservation</p> <p>12:30 NOCE - Fit & Healthy with Kenny 4:00 Karaoke! ■</p>	<p>9:00 NOCE - Crocheting & Knitting</p> <p>9:00 NOCE - Staying Mentally Sharp</p> <p>10:30 Korean Folk Singing ▲</p> <p>10:00 Travel Show - AFC Vacations +</p> <p>11:00 Sr. Lunch with Reservation</p> <p>11:00 Table Tennis ▲</p> <p>12:00 Korean Medicare Q & A +</p> <p>12:30 Creative Coloring ■</p> <p>1:30 Korean Dance ■</p> <p>4:00 Senior Drum Circle ■</p>	<p>7:30 Pickleball ▲</p> <p>8:00 Walking Group ■</p> <p>9:00 NOCE - Health & Wellness with Eunice 11:00 Sr. Lunch with Reservation</p> <p>11:00 Grief Support Group</p> <p>12:30 NOCE - Fit & Healthy with Kenny</p> <p>12:30 Friday Movie - "My Big Fat Greek Wedding 3"</p> <p>4:30 Afternoon - Pet Portraits</p>
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JANUARY 2024



Similar Schedule to January 24th

Similar Schedule to January 23rd

Similar Schedule to January 22nd
 Add: Presentacion de diferente opciones de transporte con OCTA +



Sponsored by the Senior Club
 ■ Fee Based Classes
 + Free Seminars & Workshops